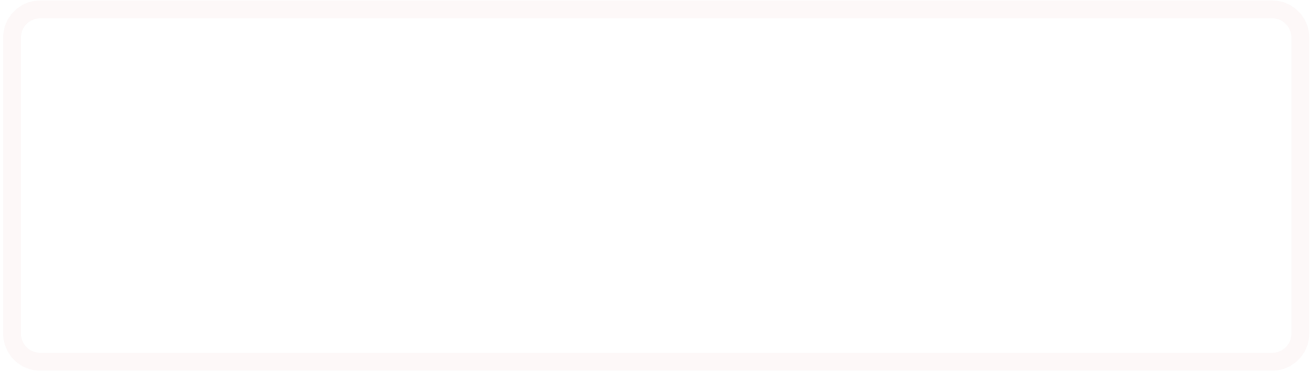


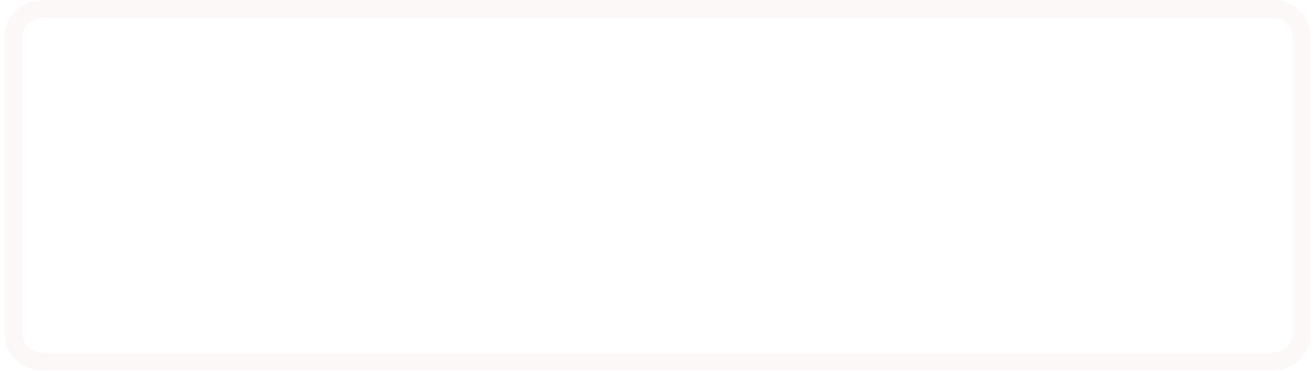
My Vision

MAKE YOUR REALITY BEAUTIFUL

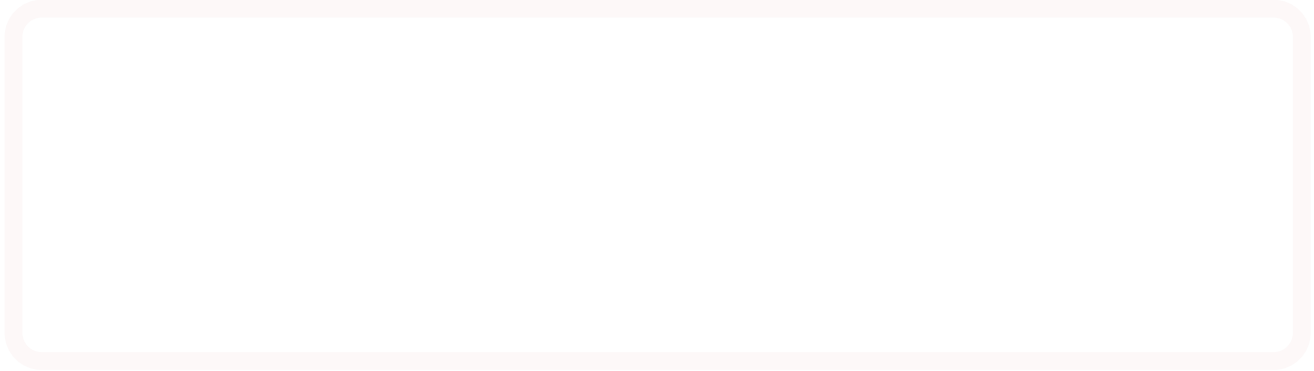
What it looks like:



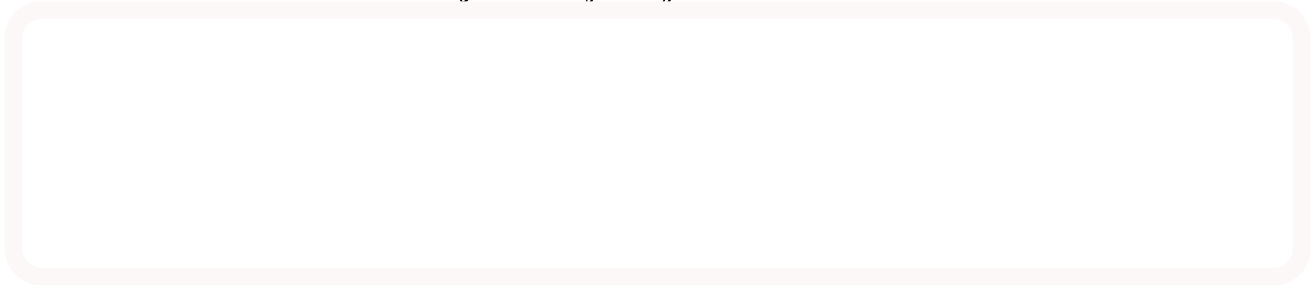
What it feels like:



Actions to put it into motion:



Goals/Images of your vision:



Workout Plan

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday